

MONKEYPOX

DON'T LET IT SPOIL THE SUMMER

What is Monkeypox?

Anyone can catch it.

Monkeypox is a viral infection that spreads through close skin-to-skin contact (including kissing and sex), and by sharing items like bedding and towels. And while it's not life-threatening, it can spoil your fun by making you unwell - and infectious to other people - for several weeks.

What are the symptoms?

- A nasty rash with blisters, spots or ulcers that can appear anywhere on your body (including your genitals)
- Fever
- Headaches and muscle aches
- Swollen glands
- Chills and exhaustion

How can you stop it from spreading?

If you, or anyone you've been in close contact with, see an unexpected rash with blisters, spots or ulcers anywhere on your body:

- Call 111 or go to nhs.uk/monkeypox as soon as you can
- Avoid close physical contact with others until you've had medical advice



Monkeypox
Spot it. Stop it

For more info, visit
nhs.uk/monkeypox